

Health, Wealth & Wellbeing!

TFS Financial Planning invite you to a very special event with internationally acclaimed author **Arun Abey** and local identity and author, **Tara Diversi**.

Arun and Tara will take us on a journey exploring the relationships between positive behavioural change and the achievement of health, wealth and happiness in our lives.

An event not to be missed!

Tuesday 26 July, 2011

6.30pm for 7.00pm start –
9.15pm finish
Tea, coffee & canapés included

Pullman Reef Casino,
Michaelmas Cay room

RSVP by Friday 15 July, 2011

To reserve your seat phone
TFS Financial Planning on 4046 5555,
email admin@tfs.net.au
or visit www.tfs.net.au

Proudly presented by



Arun Abey



Arun Abey is one of Australia's leading authorities in behavioural finance. Arun will help us understand why we make the decisions and mistakes that we do when it comes to money.

Arun has had a diverse career as an academic, an entrepreneur and as executive chairman of ipac securities, one of Australasia's leading advice firms. He is involved in a number of philanthropic activities and is the author of various books including international best seller, *How Much is Enough?* What connects these diverse activities together is Arun's passion for ideas that help people thrive: to enjoy happier, more meaningful and financially secure lives.

Arun is a co-founder of the international lifestyle financial planning firm ipac, now owned by the AMP Group. Arun's latest book, *How Much is Enough?* draws on the latest behavioural research to explore the relationship between money and happiness.

Tara Diversi



Tara Diversi is an Accredited Practising Dietitian (APD) and the founding director of Health Management. As a nutrition expert, Tara is the author of *The Good Enough Diet*, a lecturer at the University of Sydney and spokesperson for the Dietitians Association of Australia.

Her dietetic, exercise physiology and bone densitometry practices continue to run in North Queensland.

Tara helps people understand themselves and others better, achieve their best and promote positive behaviour change and achievement in themselves and others.

You will have the opportunity to order their books on the night.